

Crestview Elementary

Please Visit our website at <https://crestview.schoolqc.ca/> and Facebook <https://www.facebook.com/Crestview-Elementary-School-1771758813095355/>

January 17
PPO Meeting, 7pm

January 19
Governing Board meeting, 7pm

January 27
Subway Day

January 30
PED DAY – no classes



Are they going outside?



Dear Parents,

Students are expected to come dressed to school ready to play outside. In winter time, students should have a warm jacket, snow pants, hats, mitts, neck warmer and boots. All items should be labelled. It is suggested that students also have an extra set of clothes/socks at school to avoid a parent being called to exchange wet clothes/socks.

The decision to go outside is made by following the recommendations of the Canadian Pediatric Society (see attached chart). On days that are cold but under -25°C (yellow zone), students may be sent out for 10 minutes. *The Canadian Pediatric Society recommends that children be kept indoors if the temperature is below -25°C , or the wind chill factor is -28°C or lower.*

Other factors that the school considers:

- Air temperature and wind speed increase the rate of frostbite.
- Gusting winds can cause the wind chill to vary minute to minute from the local weather forecast.
- Bright sunshine can make you feel as much as 10°C warmer.
- Children with less muscle mass, generate less body heat. (Older students might be sent out, while younger students may be kept in).

We will be using the following link to verify the temperature:

<https://www.theweathernetwork.com/ca/forecasts/school-day/quebec/crestview-elementary-school>

Please be assured that your child's health and safety is always at the forefront of our decision making process.

Respectfully,
Ms. Parsons
Principal

CHARTE DES FACTEURS VENT-FROID

Température de l'air (°C)

La vitesse du vent (Km/h)	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45	-50
5	4	-2	-7	-13	-19	-24	-30	-36	-41	-47	-53	-58
10	3	-3	-9	-15	-21	-27	-33	-39	-45	-51	-57	-63
15	2	-4	-11	-17	-23	-29	-35	-41	-48	-54	-60	-66
20	1	-5	-12	-18	-24	-30	-37	-43	-49	-56	-62	-68
25	1	-6	-12	-19	-25	-32	-38	-44	-51	-57	-64	-70
30	0	-6	-13	-20	-26	-33	-39	-46	-52	-59	-65	-72
35	0	-7	-14	-20	-27	-33	-40	-47	-53	-60	-66	-73
40	-1	-7	-14	-21	-27	-34	-41	-48	-54	-61	-68	-74
45	-1	-8	-15	-21	-28	-35	-42	-48	-55	-62	-69	-75
50	-1	-8	-15	-22	-29	-35	-42	-49	-56	-63	-69	-76
55	-2	-8	-15	-22	-29	-36	-43	-50	-57	-63	-70	-77
60	-2	-9	-16	-23	-30	-36	-43	-50	-57	-64	-71	-78
65	-2	-9	-16	-23	-30	-37	-44	-51	-58	-65	-72	-79
70	-2	-9	-16	-23	-30	-37	-44	-51	-58	-65	-72	-80
75	-3	-10	-17	-24	-31	-38	-45	-52	-59	-66	-73	-80
80	-3	-10	-17	-24	-31	-38	-45	-52	-60	-67	-74	-81

La Société Canadienne de Pédiatrie recommande de ne pas envoyer les enfants jouer dehors si le facteur de refroidissement du vent abaisse la température à -28°C (-15 °F) ou moins.

Confortable pour jeux extérieurs ■

Attention ■

Danger ■